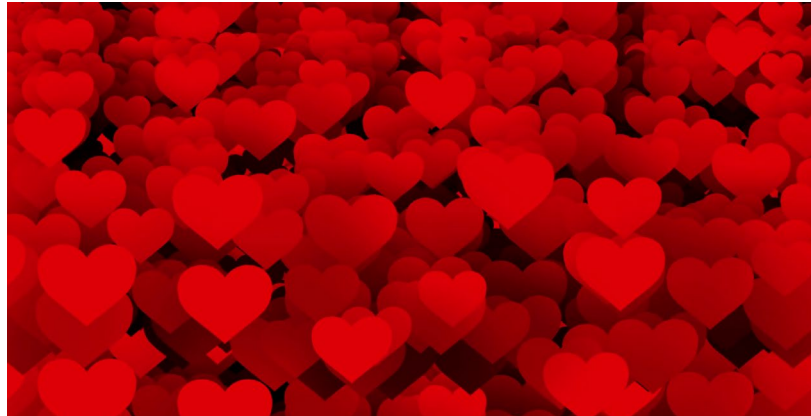


FIVE STAR NEWS

Barrhead & District Social Housing Association



December 2022, January, February 2023 *FREE



Recipe for Christmas All Year Long

**Take a heap of child-like wonder
That opens up our eyes
To the unexpected gifts in life—
Each day a sweet surprise.**

**Mix in fond appreciation
For the people whom we know;
Like festive Christmas candles,
Each one has a special glow.**

**Add some giggles and some laughter,
A dash of Christmas food,
(Amazing how a piece of pie
Improves our attitude!)**

**Stir it all with human kindness;
Wrap it up in love and peace,
Decorate with optimism, and
Our joy will never cease. If we use this healthy recipe,
We know we will remember
To be in the Christmas spirit,
Even when it's not December.**

By Joanna Fuchs

Wishes For A New Year

**Brush away old heartaches.
Learn from our mistakes.
Another year is finally over.
A new dawn awakes.**

**Let the old year out.
Welcome the new one in.
Bury the bad things of the past
As a new year now begins.**

**Make your New Year wishes
As simple as you can.
Pray for peace and love,
Not for wealth or fame.**

**Pray for health and happiness.
Pray for your fellow man.
Pray for all the ones you love.
Pray for those who've lost their way.**

**As the midnight hour chimes,
We leave the old and embrace the new.
I wish the things you wish for yourself,
And may God's love stay with you.**

Christmas Dinner Prayer

Seven-year-old Aaron was asked to say the prayer for the Christmas dinner. The family members bowed their heads in expectation. Aaron began his prayer, thanking God for his Mommy, Daddy, brothers, sister, Grandma, and all his aunts and uncles. Then he began to thank God for the food.

He gave thanks for the turkey, the stuffing, the Christmas pudding, even the cranberry sauce. And he thanked God especially for the pie and ice cream. Then Aaron paused, and everyone waited ... and waited. After a long silence, the young fellow looked up at his mother and asked, "If I thank God for the asparagus, won't he know that I'm lying?"



Exhausted

Three little boys were bragging. "I wear out a pair of shoes in a month," the first little boy said. "I wear out a pair of jeans in a week" the second boy said.

“that’s nothing,” the other boy said. “I can wear out a new babysitter in twenty minutes.

Covered

A hospital stay can be an educational experience. The first thing you learn is that you’re not really covered by your gown or your insurance.

Liquid Measure

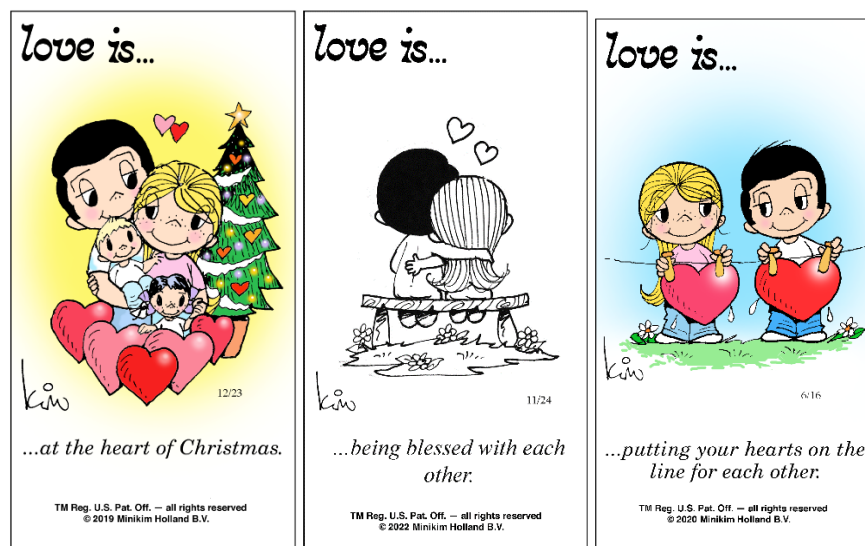
Two pints, one quart

Two quarts, one fight

One fight, two cops

Two cops, one judge

One judge - thirty days.



REPORTS



While things may look calm in the office, we are always busy working to keep the facility running smoothly. Many people would never believe the amount of work that is accomplished on computers at a facility like this.

Highlights from Recent Board Meeting Minutes

- **The Organizational Meeting was held on November 15th. All Board members have remained the same and there have been no changes to the committees.**
- **A dedicated PA system has been approved to install in the dining room. This will be installed in December so it may be used for Christmas Events this year.**
- **BDSHA has been tasked with completing a Needs Assessment. This will be conducted in the communities that BDSHA Serves so that we are able to determine future planning and development.**
- **A Policy Review Meeting will be held on December 13th, 2022.**

Dietary Review

A review of our Dietary Department was conducted by a Dietitian on November 15th and 16th. She has made many recommendations that will be implemented very soon. Our kitchen staff are great people and we want to provide meals and service that our residents can brag about. These changes should allow for drastic improvements.

Website and Social Media

The world is constantly changing and BDSHA must adapt to “get with the times”. We are nearing completion of our new website. This will be a great tool for existing and future residents to access information about BDSHA.

We have also made a Facebook account. This will be used to communicate events and announcements to anyone that wishes to see them. I am sure there are many seniors who aren't very familiar with these things, so feel free to speak with Zoie or Amanda at the front desk if you are curious. They will be glad to explain it all to you.

The past year has been very eventful for BDSHA. It began with our facilities under constant outbreaks and restrictions while we were under construction at Hillcrest. Then the spring came and things got a little better. The Jubilee Pedway opened up and residents could finally travel inside to Hillcrest. Once Summer arrived, almost all restrictions were lifted and I think most of us were reminded of what

“normal” felt like. It was a great summer with a lot of beautiful weather. Construction finally came to an end as well!

While we may have had a few minor issues since, our facilities have been doing better than most. We are hopeful that it can stay that way through the winter months and moving forward in the future.

We look forward to a New Year ahead and would like to wish everyone the best!

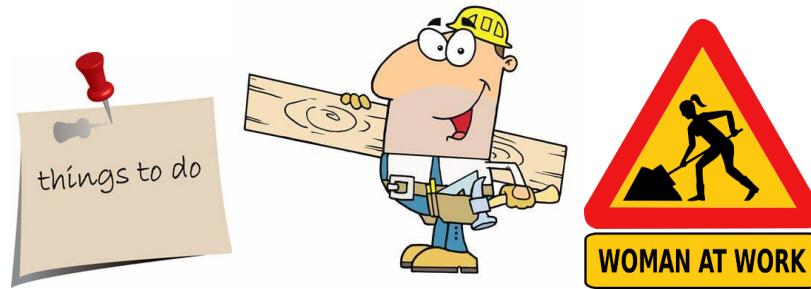
Sincerely,

Tyler Batdorf

CAO

Barrhead and District Social Housing Association





Maintenance and Grounds Department

Maintenance and Grounds Team

Fall has come and past and now we are moving into the on set of the winter months. The maintenance department has been preparing for snow with shovels and ice melt available at all entrances to the facilities.

Thank you for everyone for remembering to contact maintenance about removing your ACs, most were done in a timely manor. The temperature outside is hard to predict during this period and a friendly reminder to all residents is that you are welcome to open your window to enjoy fresh air during the warm days we have had, but please shut them and seal them at night. The fluctuation of heat can make the rooms stuffy, and we are trying to keep it as comfortable as we can until the weather levels out.

Please be cautious when travelling outside to your vehicles and walking around the buildings. We are trying the best we can to keep sidewalks and parking lots safe for everyone and it takes time to complete all entrances. A reminder, as the weather becomes colder and your vehicles are getting

plugged in, please take in your extension cord, or lock it in your vehicle when they aren't in use.

From all of maintenance staff please have a warm and safe holiday season shared with friends and family!

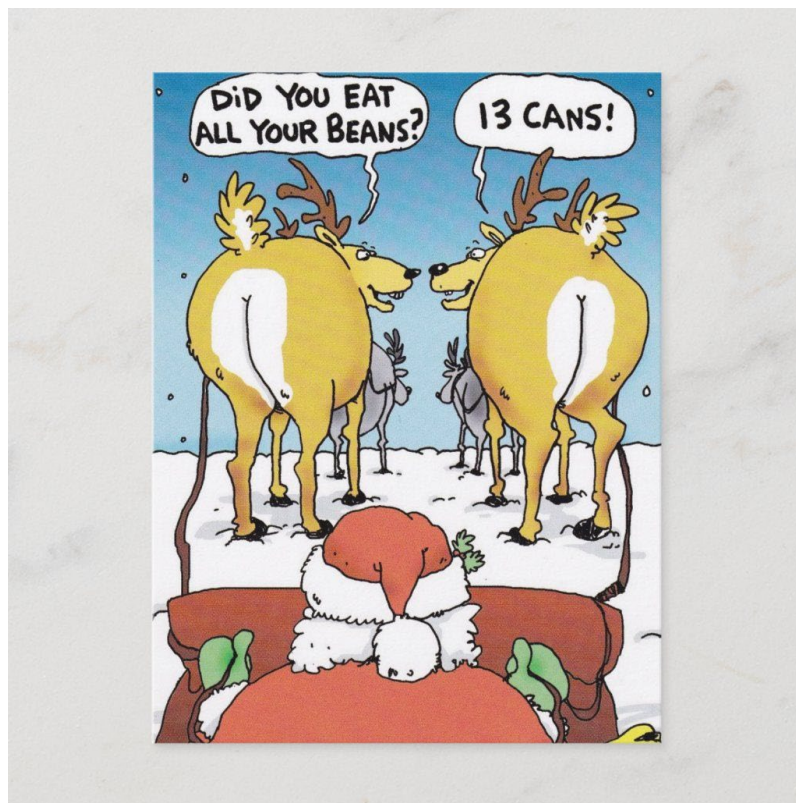
Darrell Schonknecht – Maintenance and Grounds Supervisor





JonWilliamson.com







Dietary Services

Dietary Team

All residents please welcome our new staff member to the kitchen, Les Besler.

We started using the new menu on Nov 14, 2022, and hope residents are enjoying the changes made. Residents make sure you tell us what you think of the new menu. We want your input!

We will be setting up a resident choice day for Lunch, where residents can submit meal ideas and one resident's choice will be used as the meal idea that day, get your ideas ready.

The new menu will be posted online, and hardcopies will be available for residents if they want to pick them up at the office. Residents will know in advance what is on the menu each day.

Donovan George-Dietary Supervisor



"How may I help you?"



Resident Services

I can't believe three months have already passed by. There are many things that I would've liked to get done but have been running out of time.

I would like to introduce Amanda our new Resident Service Aide. Amanda will be helping me get caught up on many things that have been missed. Any questions or concerns please come to either Amanda, Zoie or me so we can help where we can.

We will be setting dates for Tea and Topics, and I would also like to get all the Med Pendants tested again. It is important to have these tested to make sure that the batteries are still working. Anytime you would like to have them tested please come to the front desk and ask Zoie or Amanda. I will put out a memo for when we will come room to room and have them tested.

Lots of new faces over the last year. Please continue to make everyone feel welcome. We don't have to get along with everyone, but we do have to show respect and be kind.

Have a great holiday season! I hope you get to see lots of family and enjoy many celebrations throughout the season.

Dawn Price - Resident Services Manager



Hello Everyone!

You spoke, we listened! Thank you for completing the resident survey and for your feedback on the housekeeping department. In the last couple of months, we have gone through many changes to better our team and provide above standard care to all our residents. One item that came up multiple times was the quality of the toilet paper we are using. I am happy to say that we will be replacing our 1 ply scratchy toilet paper with a softer, more durable 2 ply. As we move forward and start using up our old toilet paper, we will then be integrating the new 2ply. Hooray!

We are very grateful for the weekly service that Recycling Joe provides. They have asked us for some help in keeping the process streamlined and efficient. Please remember that Recycling Joe does not take glass or cardboard, any plastics labeled 1-7 can be left and they will take care of it. Please leave glass and cardboard in your room for housekeeping to discard. Please give used batteries to the housekeepers when they are cleaning your room we have a bin to put them in . Thank you!

Our annual cleans have been completed for the 2022 year! If we have missed you, please stop by the reception desk and we would be happy to investigate what happened with your

annual clean. We appreciate any feed back and thank you for your cooperation in getting these cleans done.

Housekeeping is not a glamorous job but having the opportunity to work and visit with all our residents is why we love coming to work everyday! We appreciate the smiles, words of encouragement, constructive criticism, and the relationships our team has built!

On behalf of the housekeeping team, we thank you for being awesome!

Housekeeping and Laundry Team

Jennifer Daniels - Housekeeping Supervisor





Activity Department

Welcome Gailene Sheren to the Activity Department many of you already know Gailene, she was part of BDSHA team already as a KP door screener, Housekeeper and now she is bringing her enthusiasm to the Activity Dept.

The Activity office has moved once again! This is move #13 We hope this is the last one! The new office is now in room #104.

Christmas Decorating – Residents and Tenants are welcome to decorate their door – please use 3mm, command removable hooks- NO NAILS, NO TACKS thank you. Please do not hang decorations in the hallway, on railings or the wall just outside your door.



***To everyone who donated to FCSS Hot Lunch program helping support students in need. We raised \$216.55 from September 9th dance thru to September 16th donations. We**

added \$200 from the recycled bottle funds for a total of \$416.55 to FCSS Hot Lunch program to provide lunches for students in need.

*** Many thanks to our Veterans who have served our country and continue to serve today for the betterment of our community. We are forever grateful to you, and we will remember you and those who have passed, today and in years to come.**



Placing flags in the Field of Honor - Herman, Inga, Chuck

BDSHA Activity Department purchased 2 wreaths for Remembrance Day. We also donated \$200 from the recycled bottle bin to the Barrhead Legion – Field of Honor



To all who contributed to the Samaritans Purse Shoebox campaign. Together these ladies knitted, crocheted and sewed more than 709 items to contribute to shoeboxes filled with love to give to Children in the Ukraine and other countries in need. We also would like to thank all who donated items and cash to add items to the shoeboxes and help with shipping costs of the shoeboxes.



**Gail Harrison, Stitchers and Rippers Club, Ruby Hoag,
Martha Neumann, Hennie Mast, Dorothy Tiemstra, Ida Timm,
Rulie Wierenga, Doris Bain, Dianna Harke, Barbara Callihoo**



To all who donated craft items to the Activity Department table, we appreciate it! Total of \$65.00 raised.



To all who attended the Craft Sale and Tea, we were so happy to host after 3 years! Together we raised \$109.00 for the Field of Honor, \$128.00 FCSS food Bank.



The Activity Department has been working on a Cookbook for the past two years and we would like to finish up this

project. Please submit your recipes for main dishes, dessert, salads, pastries, preserves, kitchen hints, original poetry, or artwork for this project. Thank you, your contribution is very much appreciated. All who submit a recipe from December 5- December 31st will be entered into a draw for a Christmas gift Basket \$100 value.

Activity Department Team

Shelley Oswald- Activity Manager



The Staff of BDSHA would like to wish all of you a Merry Christmas and a happy, healthy, fantastic, wonderful, blessed, exciting, loving, great, fun, New year!

