

FIVE STAR NEWS

Barrhead & District Social Housing Association



May, June, July 2023 *FREE

Happy Mother's day to all the moms, grandmoms, foster moms, stepmoms, surrogate moms, mother figures, moms-to-be, and to all the men out there that are doing the mother and father jobs too. I hope everyone has a wonderful day!

Motherhood

**Baby dolls and dinosaurs-
one that cries, one that roars
The pitter patter of little feet-
a bike race in which they want you to compete
Fruity Pebbles, pancakes, no wait! a pop-tart-
those daily moments that steal your heart
One throws tantrums, the other just pouts-
ahh, the joys of motherhood- what life is all about
Another birthday - two paychecks in all-
but, it is so worth it with smiling memories on the wall
From late night tears to early morning grumps-
through all the bruises, scrapes and bumps
The kisses and hugs, the encouraging words-**

**from nursery rhymes to the bees and the birds
The laughter, the memories, those looks in their eyes-
never trade it for anything - never compromise
The toys left out, the clothes on the floor-
these are the moments we mothers live for
For we are the ones who are there through it all-
to always make it better and pick them up when they fall
From kissing their boo-boos and making sure they're fed-
passing down stories while tucking them into bed
Through the weight gain, cravings, labor and more-
to that one special moment we spend 9 months waiting for
Eighteen years is what they say, but our work is never done-
a lifetime of tears, laughter, sadness and fun
Nothing in the world can even come close-
to the one special bond God made matter the most
A relationship only two certain people can share-
a mother and her child, nothing will ever compare.**





Getting to know your Neighbor.



Name: Barry Brade

Birthday: March 23, 1969

Years living at BDSHA: 1.5 years

What do you like best about living here:

The staff here are fantastic. The housekeeping is great and the food is good.

Hobbies: Barry is very active with going and joining the activities. He also enjoys going downtown.

Something you might not know about me:

Barry used to skydive play baseball and hockey.



Name: Janet Pomeroy

Birthday: January 28, 1944

Years living at BDSHA: 4 years

What do you like best about living here:

It is a beautiful place to live. Also all the friends that live here too.

Hobbies: Janet really enjoys reading, embroidery and quilting.

Something you might not know about me:

Janet moved around a lot with her husband. She really likes chocolate!



Name: Doreen Hofmann

Birthday: May 9, 1946

Years living at BDSHA: 2 years in July

What do you like best about living here:

Doreen really enjoys the staff and not having to cook and clean.

Hobbies: Doreen really enjoys horseback riding, being with animals, reading and travelling.

Something you might not know about me:

Angel food cake is her favorite. She also really likes swimming and fishing.



Name: Rudolph Glessman

Birthday: May 16, 1932

Years living at BDSHA:

5 years between Klondike Place and Hillcrest Lodge.

What do you like best about living here:

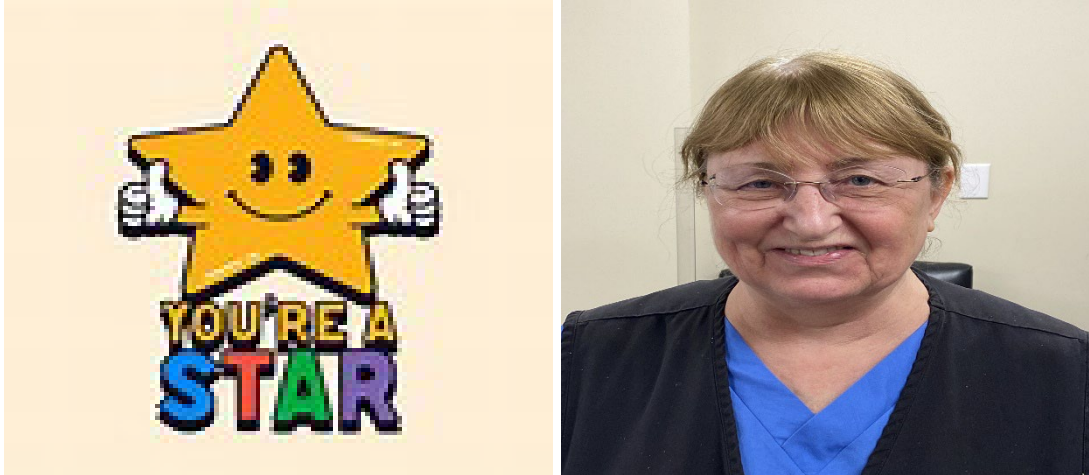
The Community

Hobbies: Rudy really enjoys woodworking.

Something you might not know about me:

Rudy was a farmer

Staff of BDSHA



Name: Allyn Smith

Birthday: April 17

Years at BDSHA: 7 1/2 years

What do you like best about working here:

Being around our seniors. They are some of the most interesting people I've ever met.

Hobbies: Gardening, reading, fishing, and learning about coins.

Something you might not know about me:

I used to play the piano as a child and was qualified to teach piano by the time I was 16 years old.



Name: Dawn Price

Birthday: February 5, 1981

Years at BDSHA: 4 years in August

What do you like best about working here:

I really like hearing stories from the residents.

Hobbies: camping, reading, fishing

Something you might not know about me:

I was born in British Columbia and have 3 children, 3 dogs, 5 cats and 140 acres of land.



Name: Sheena Pederson

Birthday: May 7

Years at BDSHA: 6 months

What do you like best about working here:

I enjoy the residents & staff. Everyone is friendly and residents are very appreciative.

Hobbies: Sewing and paddle boarding

Something you might not know about me:

I have an identical twin. I also lived in Ireland two different times, for approximately 5 years total.

Father's job description: As a man, one day, you'll find yourself facing the following Job Posting:

A team player is required for a challenging job position in a sometimes-stressful setting. The contract will be for the rest of your life.

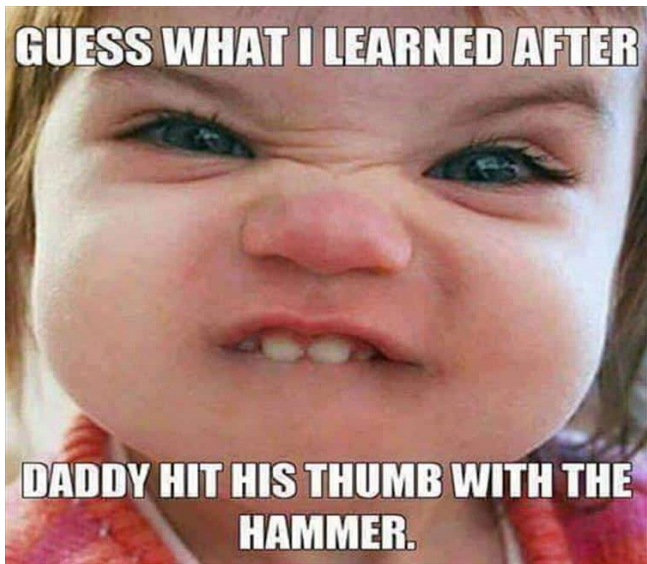
The candidate must have good communication and organizational skills and be ready to work on night shifts. Some nightly trips are necessary, such as visits to doctors on rainy nights and interminable sports competitions in distant towns. Moreover, considerable delivery responsibilities are also required. Transportation spendings are non-refundable.

No experience is required as there will be on-job training. Also, there's no salary, and you'll pay, and you'll give increases and bonuses regularly!

“Fathers, like mothers, are not born. Men grow into fathers and fathering is a very important stage in their development.”

— DAVID GOTTESMAN





FUNPA
NOUN: /FUNPA/
LIKE GRANDPA, JUST COOLER
ALSO, SMARTER THAN DAD AND
STUNNINGLY GOOD LOOKING

Kids Lyrics to Favorite Songs and Hymns



0 Susanna, 0 don't you cry for me, For I come from Alabama with a band-aid on my knee.

Amazing Grace: "Through many dangerous toys and snails."

Give us this day our Deli bread!

Glory be to the Father and to the Son and to the Whole East Coast.

Give me oil in my lamp, sing my granny, sing my granny. Give me oil in my lamp today.

Lasagna, lasagna, in the highest.

Jesus loves me, mamma says no. Jesus loves me, for the Bible makes it so.

Bringing in the Sheets. Bringing in the Sheets.

Bringing in the Sheep. Bringing in the Sheep.

Bringing in the Cheese. Bringing in the Cheese. We shall come to Joyce's Bringing in the Cheese.

Joy to the World, let earth receive her King. For Kevin and Ranger sing, for Kevin and Ranger sing.

Olive, the other reindeer, used to laugh and call him names.

While shepherds washed their socks by night.

No "L", No "L". No "L", No "L".

When the roll is called up Wander, I'll flee there.



REPORTS



Administration

Updates From the Board

- **A Housing Needs Assessment will be conducted by BDSHA. Information from this will allow the organization to determine a path forward that will benefit the area best.**
- **The board has determined that Lodge Rental Rates will remain unchanged for the upcoming year. This will be reviewed again next spring. The cost of operations will eventually lead to an increase at some point.**

BDSHA TV Channel

If you tune to Channel 397 or 398 on your Shaw Cable TV, BDSHA now has a channel for news and announcements. This will be a valuable communication tool to convey information regarding events and activities. Eventually we are hoping that the weekly menu will even be displayed, but this will happen after the Spring Menu is approved by the Dietitian.

The BDSHA channels show up as SECTV on the guide. Unfortunately, we are unable to change this or the location

in the guide. If residents are having issues with the picture, the settings on the TV may require adjustment. Contact our front desk for Assistance with this.

This is new to us, and we are learning to use it as time goes, please keep tuning in to check for updates. The information will be updated regularly.

In addition to this, there is now a screen at the Front Reception Desk for resident and guest information.

Update on the new website

Our new website is almost finished! Currently it is in the final stages and might even be operational by the time you read this. You can take tours of suites in different buildings, view pictures from recent events, apply for housing, and prospective staff can even apply to be part of our team.

If you have the technology to do so, feel free to look when you get a chance!

www.bdsha.org

Projects

Now that construction is complete, we want to continue making BDSHA properties great places to live, work, and visit. This involves some very exciting projects occurring over the summer months. .

New Library

Some time ago, funds were donated by Anne and Wilf Seal to be used for a new Library. This will finally become a reality over the summer. A new Library will be constructed in the old family room. This area will

have some modern amenities such as computers for seniors to use but will also have a great selection of books.

BDSHA will be hiring a contractor to complete this work over the summer.

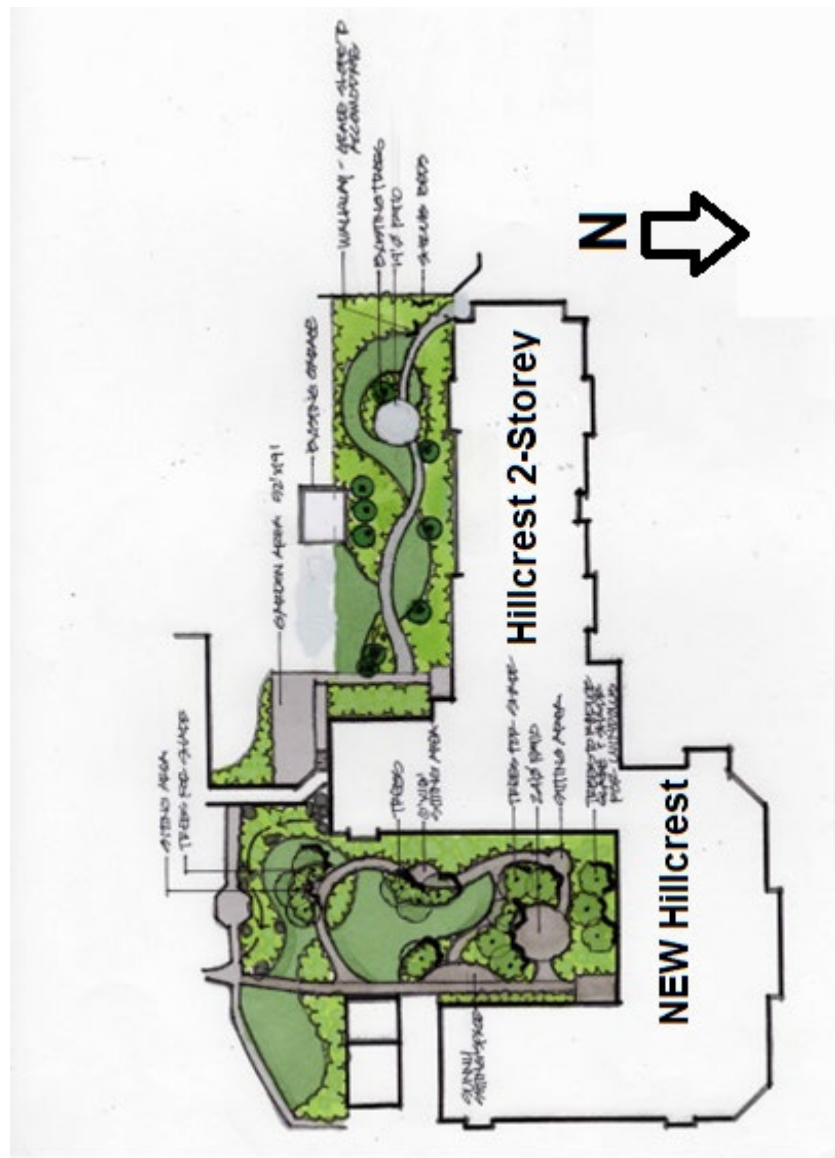
Landscaping

With the new construction, BDSHA lost some very valuable greenspace at Hillcrest.

There will be a landscaping project occurring this Spring in the New Hillcrest Courtyard as well as behind the older Hillcrest 2-storey building. Funds for this project were provided many years ago by a donation from Evelyn Menzies. She will be recognized for her contribution in the new space(s).

Currently we are at the planning phase, but once specifications have been provided by the Landscape Architect, we will be working on hiring a contractor.

A PRELIMINARY DESIGN SKETCH is below. If you wish to see the big version, feel free to stop in at my office and I will be glad to show you and answer any questions that you may have.



Our team is always working hard to ensure BDSHA is operating as smooth and efficiently as possible. If you have any questions or concerns, we are always happy to help you as much as we possibly can.

Tyler Batdorf

CAO

Barrhead and District Social Housing Association

"How may I help you?"



Resident Services

Welcome Spring!!! It will be so nice to have some warm weather and sunny days. Time for spring cleaning and open windows with lots of fresh air.

At the beginning of April, I went to an ASCHA conference held in Edmonton. There was a lot of information sessions that we were able to attend with some very helpful tips. It was a great conference to attend.

We will be doing Tea and Topics in the next month. I think the last ones we did went well, and it is nice to hear everyone's thoughts. Watch for the memo on the dates and times.

We are also going room to room and recording the SHAW cable boxes so in the future we have everything on file, and it makes it easier to locate where the box belongs. We are hoping for some of the boxes to be upgraded so this may help with that as well.

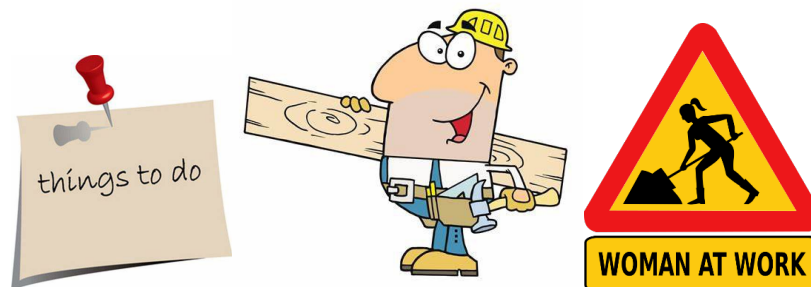
Welcome all the new residents that have recently moved in. I'm sure some will be recognized by many residents.

As always please be kind to everyone who lives and works here. If there are complaints or concerns, please come and

talk with me, Zoie, or Tia. We are here to help in anyway we can.

Dawn Price

Resident Services Manager



Maintenance and Grounds Department

Spring is here! With the warmer temperatures maintenance has seen a lot of water issues in some of the buildings. We thank you greatly for your patience as we continue to monitor any reoccurring problems that may arise. Although afternoons are beginning to be warmer the evenings are still cool, because of this we have yet to reduce the temperatures of the buildings.

If you have a personal AC in your suite, please call the main office and at the beginning of the month we will be happy to install it for you. If purchasing new, we recommend you buy a stand up unit and not a window frame unit.

You will see clean up happening around each building. Waterers have been set out, grass has been trimmed and raking is being done. Should you have any concerns about growing areas or are interested in tending to plants this

coming summer please speak with the Activity Department. The Activity Department may have spaces/pots that you may use for this growing season.

Maintenance has had some system issues regarding Klondike Place and the fire alarm. The problem (we hope) has been solved. We apologize for the inconvenience to all residents. A reminder coming from this is due to the warmer weather, there will be annual fire drills taking place in all buildings. Please take these drills seriously and participate. Not only are these drills mandatory, but we also want to ensure that the resident and staff safety is taken seriously. All residents are expected to evacuate the building during a fire alarm drill.

We enjoy watching the residents and tenants take advantage of the grounds and going outside to experience the warm weather and enjoying the patio space. If there are any recommendations to improve the outside or inside areas, please find one of the suggestion boxes located at the front office and in the lobby of Klondike Place.

Wishing everyone a great spring!

Darrell Schonknecht

Maintenance Supervisor





Housekeeping & Laundry Department

Hello Everyone!

We have finally made it to spring, and with spring comes, melting snow, mud, and dirty floors. If you have not already seen, the housekeeping department has acquired a shiny new scrubber! Our team has gone through the training and because of its size, this machine will primarily be used in the new Hillcrest building and Klondike Place. It is definitely a step up from our older scrubber and one that we will definitely have fun using!

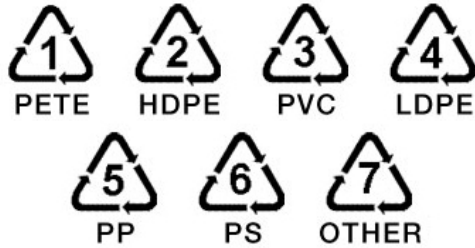
We have started our annual cleans for 2023 and like last year, you will be given a notice on when your home will be cleaned. It is not necessary to leave while the cleaning is being done, however we do ask that you make room for our team to come in and clean for you. On the back of your notice is an evaluation, we love to hear how we did and if we can make improvements in the future.

When we did our linen order a few weeks ago we decided to try something new this year! We are bringing in navy blue towels to replace the white ones! Its nice to throw in a little color and they wash very well! Once we get our order in, we will start distributing them out to replace the white towels.

Recycling is still proving to be an issue in all of our building. Please help us out by following the guidelines below.

- 1. We do not recycle glass, no pickle jars, jam jars, peanut/nut jars, or cheese whiz jars, it goes in with your garbage please.**
- 2. Cardboard needs to be put with your garbage, we do not have a recycling program for it.**
- 3. Please recycle plastic only if it has a number 1-7 and the recycling symbol on the bottom, any other plastic is garbage. We do not recycle plastic bags, clamshells, plastic cups, plates, or cutlery. If it does not have a number, please throw it in the garbage.**
- 4. We do not recycle Styrofoam.**
- 5. Please do not throw food aluminum cans (tuna, beans, canned meat) in with the pop cans. They are not recyclable, they are garbage.**
- 6. No garbage of any kind should be put in the recycling. The recycling gets sorted through by Recycling Joe and it can be a messy job. Please throw out your garbage in your room and housekeeping will pick it up.**

This is what the symbol on the bottom of your plastic container will look like, if it does not have one of these symbols, it is garbage.



A small project we are working on this spring is updating and replacing the curtains in our building. We have been given swatches to look through and hope to have decisions made soon.

Housekeeping will be cleaning the resident smoke shack weekly and emptying the ashtrays twice a week, if you notice that it needs attention in between the weekly cleans please let the front desk know.

Our housekeeping team is 100% invested in making sure your home and all the buildings are kept clean and above standard, and work hard to keep them that way. If you have any concerns or questions, please give the front desk or myself a call and we will be more than happy to help.

Jennifer Danielson

Housekeeping Supervisor





Dietary Services

Good Day!

We are working on a NEW menu. We should be ready in approximately 2 weeks to implement this. The new menu is focused on more of what Residents want and like.

NEW menu highlights

- **Featuring a sandwich substitute at mealtimes.**
- **Breakfast, serving more proteins and less carbohydrates. This will be healthier for residents.**
- **variety of salads.**
- **Variety of desserts, more choice regular and diabetic.**
- **More awareness to nut allergies.**
- **Changes in snacks both for regular snack times and events. We will be serving more savory options and less sweets.**

Gustav Ortiz

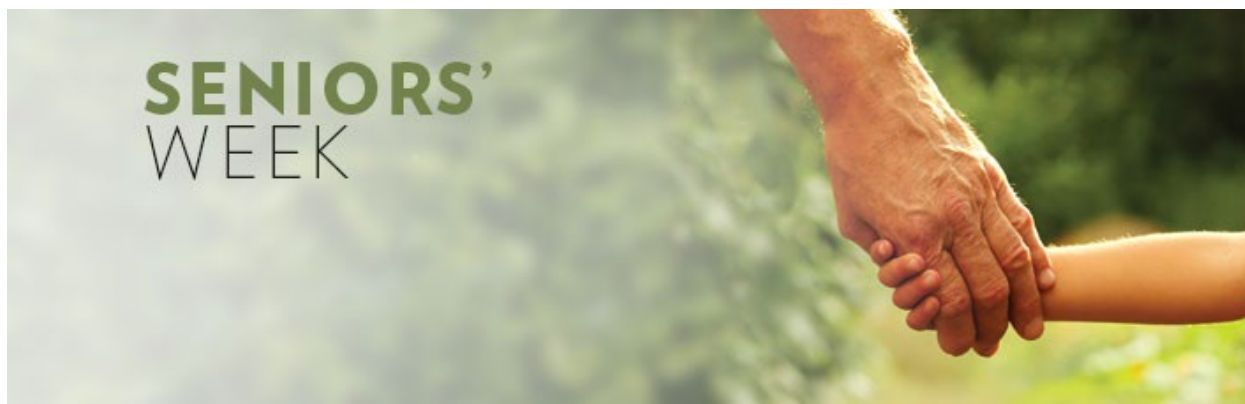
Dietary Supervisor





Activity Department

Hello! Wishing all the ladies A Happy Mother's Day! and All the Gentlemen A Happy Father's Day! You bring us much joy, wishing you all the best. From all your kids (BDSHA Staff)



June 4 – 11 Seniors Week 2023

We have a variety of events planned. We hope you will join us!



**Monday June 5th 2-3:30pm Dan the 1-man band from Calgary
FREE EVENT for Residents and Tenants of BDSHA (HC, KP,
JBM, GC) all other guests \$10 Each– You may invite family
and friends to attend, PLEASE PRE-REGISTER!**



**Wednesday June 7th – BBQ for Residents/Tenants of BDSHA
Hillcrest, Klondike Place, Jubilee Manor, Golden Crest at 12
noon. Menu: Steak, Shrimp, Baked Potato/fixings, salad,
desert- Please sign up with the ACTIVITY Dept and fill out an
order form for the BBQ. Activity Department will post a date
and time when you can sign up and fill out your dinner form.**



Jaedyns Tributes – Thursday June 8th 7:00pm,
Tribute Extravaganza Featuring: Buddy Holly, Johnny Cash
and Elvis Presley. Free to Residents and Tenants of BDSHA
(Hillcrest, Klondike Place, Jubilee Manor, Golden Crest)–
ALL OTHER INVITED GUESTS \$20 EACH- – RESERVE YOUR
GUEST TICKET with the Activity Department. \$20 payable
at the time of reservation. No refunds on unused tickets

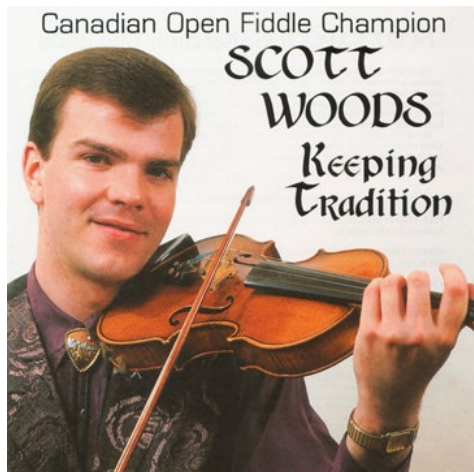
***Happy Hour drinks \$2 each, pop \$1 snacks**

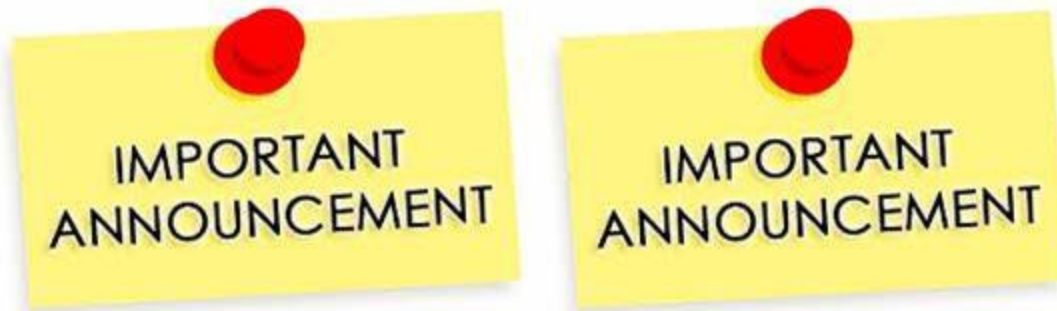


FUNDRAISER

Scott Woods Band at the Roxy Theatre November 19/23 at
2pm

TICKETS ARE \$45 EACH WITH \$10 FROM EVERY TICKET SOLD GOING TO THE Activity Department – THESE TICKETS WILL BE AVIALABLE FOR SALE IN JUNE! This event is open to everyone, for tickets or more information please see the Activity Department.





***Socials, Special Events, Parties, Pancake Suppers, Weiner Roasts, Ice Cream Parlors, ETC.**

There is a charge for these events- it will be printed on the Activity Calendar, posters or announced. We charge a minimal fee to off set our expenses so we may continue to plan these things for you. Everyone is welcome to attend even family and friends, please ask the Activity Department about inviting guests, some programs are for residents/tenants only so please ask about guests prior to the event. Thank you

***Please come to the activities/events that are planned for your enjoyment. We are very fortunate and blessed to have a fantastic group of volunteers who give their time to sing, call bingo, play music, visit, worship.....**

Get out of your room and join us! meet new people, get some exercise, get your hair done, come for coffee! Go to Bible Study and Worship Services, listen to music, play cornhole, wii bowling! You may even enjoy yourself so much we will see you again the very next day!

***Keep moving, stay mobile your muscles and joints need to move everyday. Exercise, walking and participating in Activities is good for you. Participating keeps you living independently and can even make you happier. Give it a try today!**



