

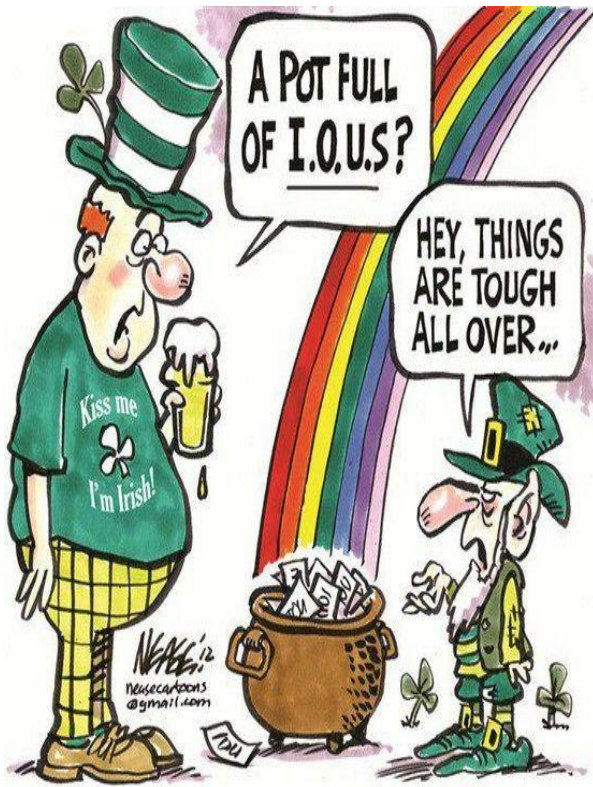
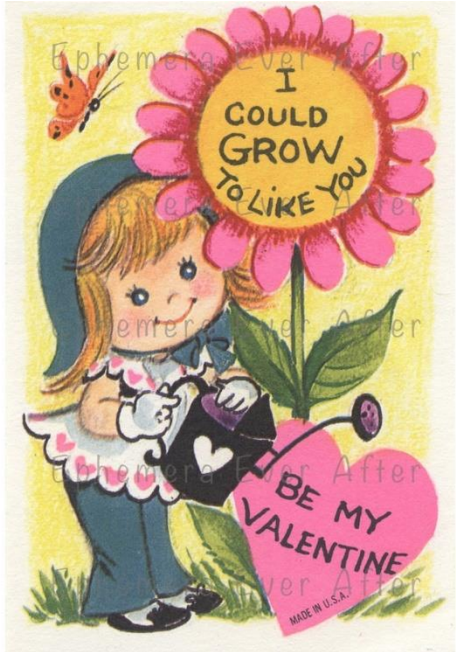


# **FIVE STAR NEWS**

**Barrhead & District Social Housing Association**



**😊February 😊March 😊April 2024**





## *An Irish Blessing*

*May love and laughter  
light your days  
and warm your heart  
and home,  
may good and faithful  
friends be yours  
wherever you may roam,  
May peace and plenty  
bless your world  
with joy that long endures,  
May all life's  
passing seasons  
bring the best  
to you and yours.*



## **Blue Canadian Rockies – Wilf Carter**

**In the blue Canadian Rockies  
Spring is sighing through the trees  
And the golden poppies are blooming  
Round the banks of Lake Louise**

**Across the sea they call me  
And I'm lonesome and so blue  
For the blue Canadian Rockies  
And the boy I love so true**

**Oh, how my lonesome heart is aching tonight  
For the home I long to see  
Oh, what I'd give if I could be there tonight  
With the sweetheart waiting for me**

**In the blue Canadian Rockies  
Spring is sighing through the trees  
And the golden poppies are blooming  
Round the banks of Lake Louise**

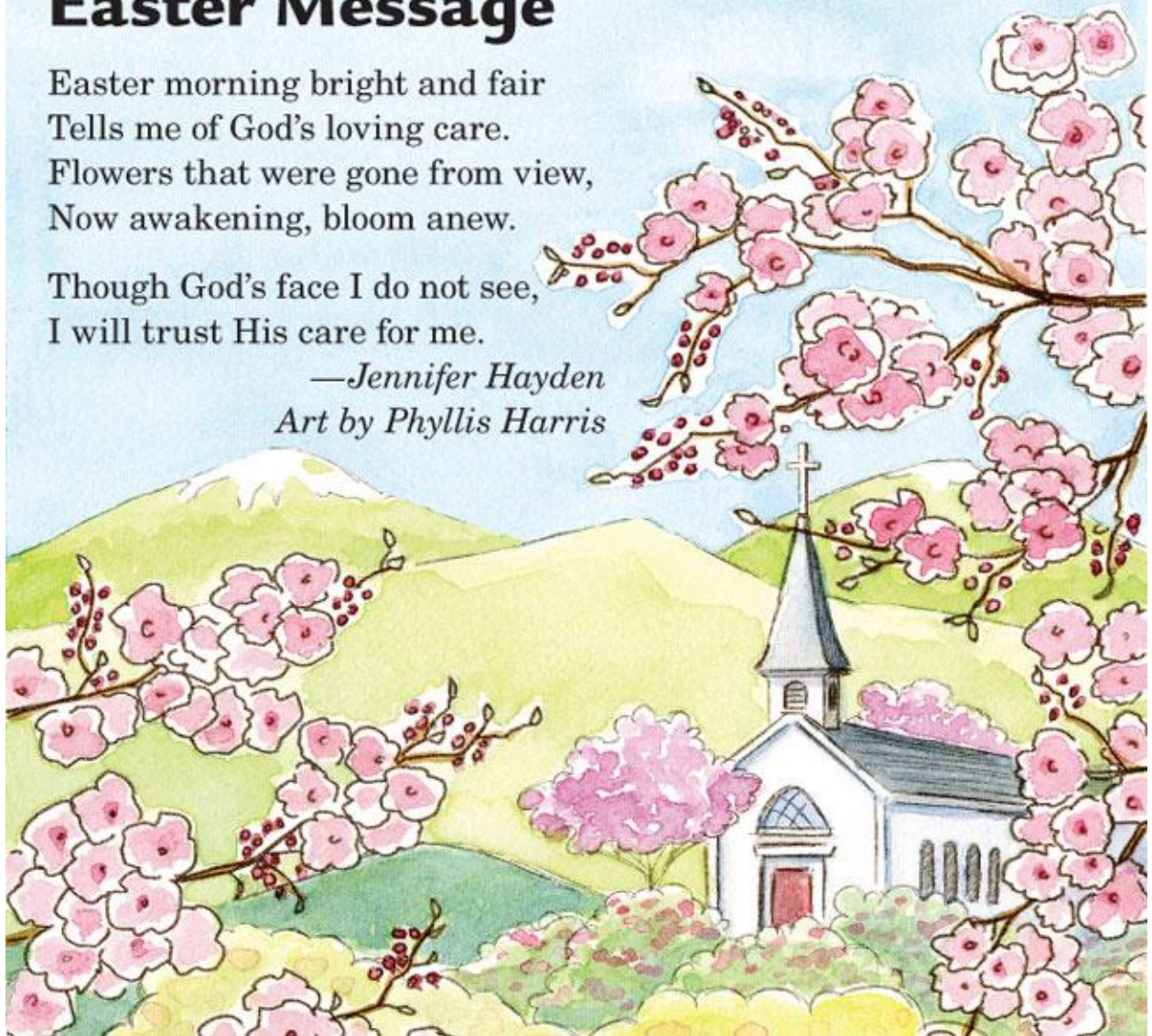
**Across the sea they call me  
And I'm lonesome and so blue  
For the blue Canadian Rockies  
And the boy I love so true  
In the blue Canadian Rockies  
Lives the boy I love so true**

## **Easter Message**

Easter morning bright and fair  
Tells me of God's loving care.  
Flowers that were gone from view,  
Now awakening, bloom anew.

Though God's face I do not see,  
I will trust His care for me.

—*Jennifer Hayden*  
Art by *Phyllis Harris*



# **Hmmm...**

## **The Pastor phoned.**

**A grandmother was trying hard to get the Ketchup to come out of the bottle. During her struggle the telephone rang, so she asked her four-year old granddaughter to answer the phone. "It's the pastor, Grandma," The four-year-old said. Then the Granddaughter continued her conversation with the pastor and said, "Grandma can't come to the phone right now. She's hitting the bottle."**

## **How Many Do You Remember?**

**Head lights dimmer switches on the floor.**

**Ignition switches on the dashboard.**

**Heaters mounted on the inside of the fire wall.**

**Real ice boxes.**

**Pant leg clips for bicycles without chain guards.**

**Using hand signals for cars without turn signals.**

## **How Old Do I Look?**

**My wife bought a new line of expensive cosmetics guaranteed to make her look years younger. After a lengthy sitting before the mirror applying the "miracle" products,**

**she asked, “Darling, honestly, what age would you say I am?”**

**Looking over her carefully, I replied, “Judging from your skin, Twenty; your hair, eighteen; and your figure, twenty-five.”**

**“Oh, you flatterer!” she gushed.**

**“Hey wait a minute!” I interrupted, “I haven’t added them up yet.”**

## **Coffee and Visiting**

**Fred and John were discussing a mutual friend. Fred says to John “Poor old Pete seems to be living in the past.”**

**“And why not?” replied John. “It’s a lot cheaper”**



# REPORTS



## Administration

**Happy February everyone! I'm not sure whether we should be celebrating the good weather or hunkering down for a nasty wet spring. I for one am happy to see a lack of snow anytime of year.**

**The Wilf and Anna Seal library is now officially open. Thanks are extended to the Seal family for attending our Grand Opening and to our Board Chairman, Craig Wilson, for his lovely speech of thanks. Thank you to the many residents that attended the Grand Opening. Thanks also go out to Shelley and her department for all the work they put into making the library such a lovely place for Residents and Tenants.**

**If you haven't had a chance to check out the library, please make time. It's perfectly set up to just sit and browse through a book, computers are set up for internet browsing if you wish the Obie game system is available from 8am to 7pm everyday for those that would like to play.**

**The Resident survey results have been made available for Lodge Residents. Unfortunately, there is a delay on the**



**results for our Manor Tenants. Please be patient with us, we are working on it.**

**Income Tax season starts very shortly. I know Resident Services is arranging to have FCSS bring volunteers into Hillcrest for residents and tenants with simple returns. Details will follow shortly, I am sure. If you require a statement of accommodation charges for income tax, please let either Dawn, Zoie or Mira know or come and see me directly.**

**As we move into spring and our days get longer, rest assured that your safety, comfort, and quality of life is always our number one priority. Our doors remain open for visits, suggestions, and chats. It's always a pleasure to visit with any resident!**

**Su Macdonald**

**Deputy CAO and Corporate Services Manager**



"How may I help you?"



## Resident Services



**The New Year has started and is going very fast already.**

**In the month of February, we are going to be doing med pendant testing again. On February 20, 2024 @9AM we will start with Jubilee Manor and then over to Golden Crest Manor. On February 21, 2024 @9AM Hillcrest Lodge. On February 22, 2024 @9AM Klondike Place Lodge. Please have your med pendants ready for when we come to your door. If**

**you are not going to be home, please contact the front desk to arrange to have it tested.**

**We welcome many more new residents in all our buildings, please make sure everyone feels included.**

**If there are any questions or concerns, please reach out to talk to the supervisor of the department or myself. My door is always open for anyone who would like to talk.**

**Dawn Price**

**Resident Services Manager**





## **Dietary Services**

**I am happy to report that our new menu has been going very well with the decision to add a second option to the menu. This has been well received by our residents and are content with the options, we have to offer.**

**We have added new snacks to our snack bar, we are bringing in healthier options and more variety. Just a reminder on the snack bar and fridge; these items are available to Residents of Hillcrest; Klondike Place Residents are welcome to one snack per day and Jubilee Manor Tenants and Golden Crest Tenants can purchase snack tickets from the reception desk.**

**We are having a bit of difficulties with keeping food warm, one of the contribution factors is, more residents that we now serve, that number has doubled from 15 to 35 residents. This is making meal service a bit longer and we are going to try out a new method. The dietary department will be getting a Suzy Q cart that will help us serve those who require tableside service and call out rows at the same time. With time and new ways of delivering meals we hope to give Residents we serve a much better experience and food options. My staff and I are working hard to give the best**

**food service, everybody has been amazing through out the changes we are currently going through.**

**Dietary Team**

**Gustav Ortiz – Dietary Supervisor**





## **Maintenance and Grounds Department**

**Winter is in full swing, and the temperatures are not being very consistent. There have been many days that were warmer, then in the middle of January there was a week of very cold weather causing the boilers to work overtime to maintain heat in all the buildings. Please do not hesitate to call the maintenance department with any heating concerns, we respond to these very quickly and take them very seriously.**

**As a friendly reminder the heat that is provided in your suites is radiant heat. This means that hot water radiates from your baseboard heaters to warm the areas in your room. There is no forced air. You have full and complete control of your thermostat. The response time of the thermostat is slower in comparison to a regular household furnace because it takes time for the water to warm up or cool off depending on moving your thermostat up or down.**

**The temperatures outside are being quite variable. Please dress according to the weather with proper footwear and when walking outside please be sure to be careful and report if any sidewalks or entrances need to be cleared or salted. We would like to thank everyone very much with helping coordinate cleaning the parking lots. If your vehicles**

**are removed in a timely matter, we can do a better job clearing the areas for you to have better access to your vehicles.**

**There are many things to look forward too with the upcoming spring. Outside furniture for the new landscaped areas have arrived and we will be building them throughout the winter months so they can be put out to enjoy the beautiful new areas.**

**The scooter shed has been a concern in the past with the door being open. We would like to remind everyone that it does not automatically close behind you when you open it. Please close the door when you have left the building. If you accidentally hit your button from your room, the door will open. Please insure we are keeping the door closed, not only for theft but for the heating system inside the building.**

**We look forward to the last half of winter and into the spring season. Please if there is anything concerning the maintenance department do not hesitate to speak with the office so we can provide you with the best service possible. Stay warm and safe!**

**Maintenance Team**





## **Housekeeping & Laundry Department**

**Hello Everyone,**

**What did one toilet say to the other?**

**You look flushed! 😊**

**We are just about finished the Klondike Place annual cleans and will be starting in Hillcrest for 2024 next week. When we do our annual cleans, we will also be defrosting refrigerators to clean them out, a reminder will be sent out with your 24-hour notice. Please make sure to give our team room to move around and complete your clean.**

**Flip and Strip for January has been completed and the next round will be taking place in April.**

**We are purchasing a sparkly new washing machine for our laundry department this month; Jodi is very excited and is eagerly awaiting its arrival.**

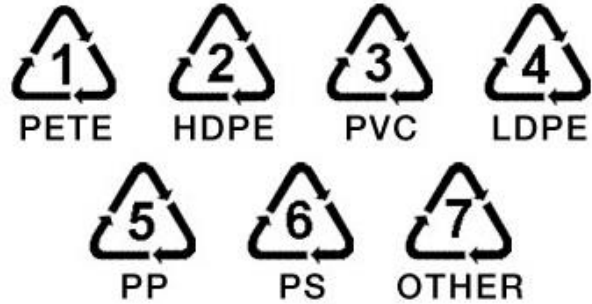
**Please make sure when it is your day for a weekly clean that your laundry is easily available for Jodi and that your sheets are accessible. If you are still in bed, we cannot complete your laundry for that day, and you will end up waiting until the following week. We appreciate your cooperation!**



**Let's talk about recycling! Recycling Joe comes out twice a month to empty the recycling and take away what we have collected. The time in between, it is up to us to keep that area clean. While housekeeping does tend to it daily, we also need help from our residents. By following these guidelines, you can help us make this an easier process.**

- 1. We do not recycle glass, no pickle jars, jam jars, peanut/nut jars, or cheese whiz jars, it goes in with your garbage please.**
- 2. Cardboard needs to be put with your garbage, we do not have a recycling program for it.**
- 3. Please recycle plastic only if it has a number 1-7 and the recycling symbol on the bottom, any other plastic is garbage. We do not recycle plastic bags, clamshells, plastic cups, plates, or cutlery. If it does not have a number, please throw it in the garbage.**
- 4. We do not recycle Styrofoam.**
- 5. Please do not throw food aluminum cans (tuna, beans, canned meat) in with the pop cans. They are not recyclable, they are garbage.**
- 6. No garbage of any kind should be put in the recycling. The recycling gets sorted through by Recycling Joe and it can be a messy job. Please throw out your garbage in your room and housekeeping will pick it up.**

**This is what the symbol on the bottom of your plastic container will look like, if it does not have one of these symbols, it is garbage.**



**Thank you for all your cooperation!**





## **Activity Department**

**Hi Everyone!**

**Can you believe it is February already!**



**THANK YOU TO ALL OUR VOLUNTEERS!**

**We appreciate all that you do! For the Activity Department. Helping us to get the Seal library ready. Fish Feeders, Bingo Callers, Piano Players, Curling setup, take down, skips, Event helpers, Plant waterers, Bible Study and Hymn Sing, Exercise Helpers, Music, Art Club, We are very thankful for our many individuals, groups, clubs who visit us weekly and monthly to help us live our best life!**



### **Reminders**

**Check the Activity Bulletin Board in the Center Rec Room for signup sheets, Birthday's, Schedule Changes, and other important information. Don't forget to check the BDSHA TV Channel for updates, posters, and the monthly Birthdays channel #397 or #398. If the information on the TV is not clear or you have trouble seeing please contact the**

**reception desk, your TV may need to be adjusted (picture) if the option on your TV is available.**



### **Special Events**

**From time to time, we have special events where there is a cover charge- Everyone pays the cover charge if you are attending you are required to pay. If you wish to attend and you do not have the money available, you can make arrangements to pay the following day.**



### **Books and Puzzle Donations**

**We are so very thankful to each and everyone for the donations! BUT... our shelves are full to bursting. Please call us before you bring them here for us. What we can't use, will be donated to the thrift stores.**



### **Help Yourself Shelf**

**Located in Hillcrest down the hall from the Activity Office. This shelf is open to residents, tenants, staff, visitors. The books and puzzles on this shelf are for the taking (no need to return them).**



### **Puzzle Cupboards and Shelves**

**Located in Hillcrest, Klondike Place, Jubilee Manor and Golden Crest are open to Residents and tenants ONLY.**



### **Seal Library**

**The books on the shelves are available to Residents and Tenants ONLY and are returned to the Seal Library when you are finished with them.**

**\*Please NO DRINKS OR FOOD IN THE LIBRARY. Thank you**

**The Activity Department is meeting with the Barrhead Public Library to bring programming here for Residents and Tenants. When a program is finalized, we will plan and schedule making those times available on the Calendar, TV channel and Activity Bulletin Board. We hope to have something up and running in the next few weeks. Programs will include technology – how to use the computer, how to set up an email account, how to surf the web, etc. Barrhead Public Library membership for the year, Book lending program with the Barrhead Public Library. Stay tuned for dates!**



### **Spring Gardening**

**Sign up sheet for raised beds in various locations will be posted in the Center Rec Room. Look for this to be posted March 1<sup>st</sup> deadline April 2<sup>nd</sup>. Details about gardening will be posted.**

### **♥ Yarn Shelf**

**♥ We are working on our storage spaces. Now that the Seal Library is open, we were able to shuffle, purge, clean and reorganize the Activity Storage rooms (still working on this) in the next month or so there will be a yarn shelf where the loopers, knitters, crocheters will be able to access yarn whenever they wish. Please take only what you need.**

**\*This shelf will only be OPEN to Residents and Tenants who are using this yarn for charity (Samaritans Purse, Church**

**collections, FCSS, Pregnancy Care etc.) The yarn is available until it is replenished by donations. Thank you.**



### **Around The World Dinner**

**During Seniors WEEK we are planning an Around the World Dinner! From March 1<sup>st</sup> to April 26<sup>th</sup> the Activity Department will be collecting ethnic recipes from YOU! For example, Category Dessert –Baklava, Country Greece. Please provide the country of origin and the complete recipe. Thank you. We will build a menu from the recipes we receive. Recipes can be dropped off in the Red Barn (Center Rec Room) or brought to the Activity Office. THANK YOUUUU!**



### **Information about Activities**

**If anyone has a specific inquiry about activities, please contact the Activity Department directly.**

**Information is available on TV Channel 397 or 398**

**Website [www.bdsha.org](http://www.bdsha.org)**

**Follow Barrhead & District Social Housing on facebook**

**Monthly Activity Calendars**

**Activity Bulletin Board located in the Center Rec Room**

**“Life is a journey, not a guided tour. So don’t miss the ride. Have a great time going around. You don’t get a second shot at it.”**

**Activity Department Team**

**Shelley Oswald- Activity Manager**



**Have a great day!**

